

Sermon Series: God Makes a Way

Israel Crosses the Red Sea | **Exodus 16:1-30**

Ohana Group Discussion Questions: Week of October 3rd, 2026

OVERVIEW

After God miraculously delivers Israel through the Red Sea, the Israelites enter the wilderness and quickly face another problem: they have no food. The people begin to grumble and even look back longingly at Egypt. Yet instead of abandoning them, God graciously provides quail and manna.

OHANA TIME!

 **Icebreaker:** What is something you tend to complain about more than you probably should? **Or** When you're hungry, what do you tend to crave most?

PRAYER

Pray: Lord, in the wilderness seasons when we feel hungry and uncertain, help us recognize Your daily provision and trust that You will give us everything we need.

BIBLE: READ EXODUS 16:1-30

1. Israel was genuinely hungry. How do you think physical hunger and the uncertainty of the wilderness contributed to their response in verses 1–3?
2. In verse 3, the Israelites begin remembering Egypt as though life there had been better. Why do difficult circumstances sometimes cause us to romanticize the past?
3. God says He will “rain down bread from heaven,” but He also says, “I will test them.” How was God’s provision also a test of their faith?
4. God says He will “rain down bread from heaven,” but He also describes His provision as a test. What was God testing?
5. Some Israelites tried to keep extra manna overnight, but it spoiled. What does their behavior reveal about their struggle to trust God?
6. Even in the wilderness, God commanded Israel to stop gathering and rest. Why would Sabbath rest have been especially difficult when food felt uncertain?
7. The Christian life can be understood as an “in-between” experience—delivered from our former bondage but not yet in our final promised rest. In what ways does the image of a wilderness help you understand the Christian life?

APPLICATION

1. As you walk through your own “wilderness” season, which of these four words (shared in the Sunday message) best describes what God may be teaching you right now—**Listen, Follow, Endure, or Trust?** Why?
2. When we are focused on what we lack, it can be easy to overlook what God is already providing. Where can you see evidence of God sustaining you right now—through people, Scripture, prayer, unexpected provision, or encouragement?

