



OVERVIEW

In Ephesians 1:1–14, Paul presents the church as a people collectively blessed “in Christ,” reminding us that our identity is shared, not merely individual. This challenges us to move beyond isolated faith and actively live as a unified body that reflects God’s grace, purpose, and glory together.

OHANA TIME!

 **Icebreaker:** What’s one thing you appreciate about being part of a church community? **Or** W What’s something small that made you smile this week?

 **Activity:** Invite somebody new to your Ohana Group!

PRAYER

Pray: “Lord, help us to live not for ourselves but as Your blessed people, united in Christ and reflecting Your glory in how we love, serve, and walk together.”

BIBLE: READ EPHESIANS 1:1-14

1. As you read Ephesians 1:1–14, what repeated words or themes stand out (e.g., “in Christ”)?
2. Verse 3 says God “has blessed us with every spiritual blessing in Christ.” What does Paul mean by “spiritual blessings”? How are they different from material blessings?
3. Notice how often Paul uses plural language: “us,” “we,” “our.” What does this reveal about salvation and identity as something shared, not just personal?
4. Paul describes the church as: 1) Chosen before the foundation of the world; 2) Adopted as sons; 3) Redeemed through Christ’s blood. How do these images together shape the identity of the church?
5. How do you see the involvement of the God the Father, Jesus the Son, and the Holy Spirit’s role in blessing the church?
6. Three times Paul repeats: “to the praise of His glory” (vv. 6, 12, 14). What does this tell us about the ultimate purpose of God’s blessing?
7. Where do you see modern Christianity drifting toward a primarily individual (“me and God”) mindset? What are some subtle ways individualism shows up in church life (e.g., consumer mentality, preference-driven participation, isolation)?

APPLICATION

1. The church is: Chosen together; adopted together; redeemed together; sealed together. Which of these truths is most visible in our church right now? Which is least visible? If salvation is not just personal but corporate, how should that reshape: The way we think about commitment to the church? The way we respond to conflict or differences within the body?
2. What is one intentional action you can take this week to live out your identity as part of a *blessed people*, not just a blessed individual? (ex. Initiate a meaningful conversation or prayer with someone in church beyond your usual circle.)

