



OVERVIEW

In Nehemiah 1:4–11, Nehemiah responds to the broken state of Jerusalem with fasting, mourning, and prayer. He acknowledges God's greatness, confesses the sins of Israel (including his own household), recalls God's covenant promises, and asks for favor as he prepares to approach the king.

OHANA TIME!

 **Icebreaker:** If you could instantly learn a new language, which one would you pick? **Or** If you had to suddenly adopt an unusual pet (llama, parrot, hedgehog), which would you pick?

 **Activity:** “Be present” during Covenant Sunday (Sept. 28th) at Kalihi Union Church.

PRAYER

Pray: “Lord, give us hearts that grieve over brokenness, courage to confess sin, and faith to seek Your favor as we serve You.”

BIBLE: READ NEHEMIAH 1:4-11

1. What are the first things Nehemiah does when he hears the news about Jerusalem (v.4)?
2. Why do you think Nehemiah responds with mourning, fasting, and prayer instead of rushing into action? What can we learn about faith from the way Nehemiah prays before taking action?
3. How does Nehemiah begin his prayer in verses 5–6? what does this reveal about his view of God?
4. In verses 6–7, who does Nehemiah include in his confession of sin?
5. What covenant promise does Nehemiah recall in verses 8–9?
6. How does remembering God's covenant promises strengthen Nehemiah's prayer?
7. What is Nehemiah's specific request at the end of his prayer (v.11)?

APPLICATION

1. Before approaching the king, Nehemiah spent time with the King of kings. Where in your life right now are you tempted to “rush into action” without prayer? How would your decisions, work, or family life look different if you consistently sought God's direction first? What steps can you take this week to slow down and seek God's will before making key decisions?
2. Nehemiah anchored his prayer in God's covenant promises. What specific promises of God give you strength and hope when facing challenges? How can you use Scripture more intentionally in your prayers so that they reflect God's truth?

