



## OVERVIEW

Hannah, deeply distressed, pours out her heart in prayer and vows to dedicate her son to the Lord if He grants her a child. God hears her cry, and in His timing, He blesses her with Samuel, who becomes a key servant in God's plan.

## OHANA TIME!

 **Icebreaker:** If you had a whole free day with no responsibilities, how would you spend it? **Or** What's the most unusual or memorable place you've ever prayed?

 **Activity:** Participate in the Ministry Fair (Sept. 14<sup>th</sup>) as a group!

## PRAYER

**Pray:** "Lord, teach us to pour out our hearts before You with honesty and trust, knowing You hear and remember us."

## BIBLE: READ 1 SAMUEL 1:9-20

1. What emotions and circumstances led Hannah to pray so earnestly (vv. 6–8 as context, and vv. 9–11)?
2. What stands out to you about Hannah's posture, attitude, and words in prayer?
3. Why do you think Hannah chose to pour out her soul before the Lord instead of keeping her grief inside?
4. How does Hannah's prayer reveal both desperation and trust?
5. How does Eli, the priest, misunderstand Hannah in verses 12–14? What does this show us about how others may perceive heartfelt prayer?
6. In verses 15–16, how does Hannah explain what she is doing? What phrases stand out about how she describes prayer?
7. Why is it significant that the text says, "the Lord remembered her" (v. 19)? How does this phrase help us understand the relationship between human prayer and God's action?
8. What do we learn about prayer from Hannah's example? How is it more than just "saying words" to God?

## APPLICATION

1. When have you felt like Hannah—deeply burdened and needing to pour out your heart before God? How did you respond—did you keep it inside, share it with others, or bring it to God? What would it look like for you, today, to "pour out your soul before the Lord" in that situation?
2. Hannah waited for years before her prayer was answered. How do you handle the tension between praying faithfully and waiting patiently? Where in your life is God calling you to trust His timing and plan, even when God's response is delayed or appear unanswered?

