

OVERVIEW

Abigail urgently meets David, humbly pleading with him to show restraint and not avenge himself against her foolish husband, Nabal. Seeing her wisdom and recognizing God's guidance, David praises the Lord for sending Abigail to prevent bloodshed.

OHANA TIME!

Icebreaker: "What's one random or quirky fact about your hometown?" Or "Have you tried cooking or baking anything new or challenging recently? Success or disaster?"

Activity: Engage in an artistic activity or experience together!

PRAYER

Pray: "Lord, grant us the humility to intervene with peace and the discernment to recognize and follow Your wise counsel in every conflict."

BIBLE: READ 1 SAMUEL 25:23-35

1. What kind of danger did Abigail put herself in by confronting David's armed men?
2. The text says Abigail "hurried" to meet David and fell at his feet. What does her posture and urgency reveal about her attitude toward the situation and toward David?
3. How would you describe Abigail's tone when she speaks to David? What reasoning does she use to persuade him to refrain from violence?
4. Abigail reminds David that he is fighting "the battles of the Lord" and should avoid needless bloodshed. Why do you think she focuses on David's calling and future kingship in her plea?
5. How does David react to Abigail's plea? Why do you think David praises God for sending her?
6. Consider the potential danger Abigail faced. Why is it significant that she chose to act rather than remain passive, even when her own safety was at stake?
7. What principles about wisdom, humility, and counsel can we learn from this exchange?

APPLICATION

1. Think of a time you intervened (or wish you had intervened) in a tense situation to prevent harm. How did you (or could you) apply Abigail's approach and tone? How might we model Abigail's courageous peacemaking in family disagreements, workplace tensions, or disputes?
2. What steps can you take to become more like Abigail—quick to act, humble, and attuned to God's perspective in conflict situations?

