

Introduction to Breaking Free 101

THE STEPS TO FREEDOM IN CHRIST

The Good News: Lk 4:18 & Is 61:1-2

We are designed by God to live in both the physical and spiritual realm, in relationship with and dependence upon our Heavenly Father. Col 2:16; Pr 3:5-6; Jn 5:19-20; Gn 1-3

The World, the Flesh, & the Devil are against this happening: Ep 6:10–12

Seven Critical Issues or Areas that affect negatively our relationship with Jesus and with others. We will not experience freedom, if we have:

1. Dabbled in the occult – Dt 18:9-14; I Cor 10:14-22; 2 Cor 4:1-2
2. Believed lies – Jn 8:31-32; 2 Cor 11:3; 2 Tm 2:24-26; Rv 12:9
3. Held onto bitterness & resentment – Ep 4:26-27; 2 Cor 2:10-11
4. Rebelled against God-established authority – Rm 13:1-7; I Sm 15: 23
5. Walked in pride or fear – Js 4:6-7; I Pt 5:6-10; I Tm 1:7
6. Engaged in sins of the flesh & developed unhealthy soul ties – Pr 29:6; Mk 7:20-23; Ga 5:19-21; I Cor: 6:16-19; Mt 19:5; Mt 5:28; Ep 5:28-31
7. Continued in the iniquity of our ancestors – Ex 20:4-6; Lv 26:39-42; Jn 9:1

Good News- Tools to help: Js 4:6-7

Two Key Truths based on a **Biblical Worldview** that we need to understand:

1. Authority in Christ: Right & Ability to Rule - Mt 28:19-20

Ep 2:1-6; Mk1:27; Mt 8:8-12; Mt 16:19; Mt 18:19; Lk 9:1; Lk 10:19

2. Legal Ground or Permission Given to Our Enemy:

* **God's Sovereignty** - Job 1,2; 2 Cor 12:9; Lk 22:31,32; Lk 8:32; I Cor 10:13

* **Free Will of Man** - Ep 4:26; Js 4:6-8; I Pet 5:6-8; 2 Cor 11:3; 2 Cor 2:11; Ep 6:10-12

A. Ancestors

B. Us - S.O.U.L. -- R.I.P.S.

The Steps to Freedom in Christ & Breaking Free 101: These are tools that can help you connect with the Lord for the purpose of finding freedom from spiritual and emotional baggage and bondage. Hb 12:1-2

Simple process: After a half hour of teaching related to each Step, you will:

* **Ask** the Lord to bring to your mind the ways permission may have been given to the enemy in each *Step* – Mt 7:7

* **Listen** and be aware of what the Holy Spirit brings to your mind and remembrance – Jn 14:26

* **Respond** with: *Confession* - I Jn 1:9; *Renunciation* - 2 Cor 4:2; Lk 14:33; Ezk 14:6; Dan 4:27; *Repentance* - 2 Tim 2:24-26

The 4-C's Model for Praying and Dealing with our Enemy:

5. **Confessing** – agreeing with God about sin, admitting that it was wrong – I Jn 1:9; Lv 26:41

6. **Cancelling** – legal ground & jurisdiction given to enemy, renouncing permission given Ep 4:26-27; 2 Cor. 4:2 Lk 14:33 Ezk 14:6; Dn 4:27

7. **Commanding** – the enemy to leave, evict him, stop any influence, using your authority to bind & evict Lk 9:1; Lk 10:19

8. **Committing** – ground in our lives to Christ, His Lordship and the Holy Spirit's influence Lk 11:24-26

Confidentially, you will be processing 7 issues with a partner - preferably with your spouse or someone of the same gender. Rm 10:9-10; Js 5:16; Mt 18:19-20; Ecc 4:9-10.

This is for Every Believer. We all have ancestral iniquity which we need to deal with; believed lies fed to us by the world, the flesh, and the devil; carried resentment & unforgiveness; rebelled against God-established authority; walked in pride and fear; committed fleshly sin; and developed unhealthy soul-ties (that need to be broken).