

# Freedom in Christ: Introduction to Breaking Free | Luke 4:18 & Isaiah 61:1-2

Ohana Group Discussion Questions: Week of January 7<sup>th</sup>, 2023

## OVERVIEW

Happy New Year! We are designed by God to live in both the physical and spiritual realm, in relationship with and dependence upon our Heavenly Father. We can only do so if we live out our freedom in Christ by exercising our authority in Christ over Satan's influence.

## OHANA TIME!

**Icebreaker:** How did you celebrate New Year's? **Or** What are your New Year Resolutions?

**Activity:** Plan a get-together with your group.

## PRAYER

**Pray in Unison:** "I declare my dependency upon You, for apart from You I can do nothing. I choose to believe Your Word, which teaches that all authority in heaven and on earth belongs to the resurrected Christ, and being alive in Christ I have the authority to resist the devil as I submit to You. I ask that You fill me with Your Holy Spirit and guide me into all truth. I ask for Your complete protection and guidance as I seek to know You and do Your will. In the wonderful name of Jesus I pray. Amen."

## BIBLE: READ LUKE 4:18 & ISAIAH 61:1-2

1. According to Luke 4:18 and Isaiah 61:1-2, what is the "good news" all about?
  - a. Who are the brokenhearted and why do they need healing?
  - b. Who are the captives and what are the captives being released from?
  - c. Who are the downtrodden and why do you think they need to be freed?
  - d. What does it feel like to be oppressed? Who are the oppressors?
2. Referencing the above verses, why do you think it is important to understand being released/freed?
3. Who is the real enemy against healing and freedom in Christ? (Ephesians 6:10-12)
4. Share how someone may give "permission" to the enemy in their life (Ephesians 4:26, James 4:6-8).
5. As a Christ-follower you have been given authority in Christ and ability to rule (Matthew 28:19-20; Ephesians 2:1-6). How does one live out and exercise their authority from Christ?

## 6. APPLICATION

1. The 4-C's model of confession can help a believer remove the permission given to Satan in their life and live a victorious life.
  - a. Confession - agreeing with God about sin, admitting that it was wrong (1 John 1:9)
  - b. Canceling - legal ground & jurisdiction given to enemy, renouncing permission given (Ephesians 4:26-27)
  - c. Commanding - the enemy to leave, evict him, stop any influence, using your authority to bind & evict (Luke 9:1)
  - d. Committing - ground in our lives to Christ, His Lordship and the Holy Spirit's influence (Luke 11:24-26)